



St Joseph's Catholic Primary School,
Gateshead
PE Overview



Bishop Wilkinson
Catholic Education Trust
Through Christ, in Partnership

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
R	Introduction to PE	Fundamentals	Gymnastics	Dance	Games	Ball Skills
1	Fundamentals	Gymnastics	Target Games	Invasion Games	Athletics	Striking & Fielding
	Ball Skills	Sending & Receiving	Dance	Yoga	Net & Ball Games	Team Building
2	Fundamentals	Sending & Receiving	Target Games	Invasion Games	Athletics	Striking & Fielding
	Ball Skills	Gymnastics	Dance	Fitness	Net & Ball Games	Team Building
3	Football	Gymnastics	Netball	Hockey	Cricket	Athletics
	Ball Skills	Dodgeball	Dance	Fitness	Tennis	OAA
4	Handball	Basketball	Tag Rugby	Hockey	Rounders	Athletics
	Fundamentals	Gymnastics	Dance	Yoga	Tennis	OAA
5	Netball	Gymnastics	Dance	Badminton	Rounders	Athletics
	Swimming					
6	Tag Rugby	Gymnastics	Handball	Fitness	Cricket	Athletics
	Football	Volleyball	Dance	Golf	Tennis	OAA

OAA - outdoor adventurous activities

Get Set 4 PE Scheme